



# UPDATE, A NEWSLETTER FOR THOSE WHO CARE

Peppermint Ridge

4th Quarter

December 2011

## Such a Small World

Recently one of our beloved residents passed away (see below). David loved all things Disney – visits to Disneyland, Disney films, Disney characters. His favorite ride and song was “It’s a Small World.”

Our families are vital ambassadors for us – you are the trusted source of information about Peppermint

them may become supporters who will help sustain our mission far into the future.



It really is a small world – we have many more connections and ways of being related than we can comprehend. David’s sister shared that she first heard of Peppermint Ridge many years ago at her church in South Pasadena. Later, when it was time to find a new home for David, she remembered what she had heard long before. In speaking to one of our long-time donors, he shared that he began supporting The Ridge years ago when he had a neighbor whose child was a Ridger.

Ridge that will lead future residents to us. You are the enthusiastic witnesses that will inspire others to have a heart for persons with disabilities – and some of

The Bible urges us not to hide our light “under a bushel.” I hope you will continue to “shine the light” of what Peppermint Ridge means to you and your family among your friends, neighbors, congregation members and others.

May 2012 be a wonderful year for you and yours.

Blessings,  
Audrey Turner

**In Loving Memory**  
**David A. Lachowicz**  
**February 12, 1955 -**  
**December 18, 2011**

tinued support.

Thanks,  
Cindy, Robert, Peter, Debbie,  
Tim, Jody and the entire Staff  
at Cypress Point

## My Son

By *Connie Trenkle*  
(Stepmom)

*In Memory of Max Trenkle*

*Though we have led different lives,*

*We have always been one.*

*You left your life of strife,*

*I pray you had some fun.*

*We left our earthly life*

*And now are together in the place of eternal light.*

*I have been waiting for you,*

*My Son.*

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## Happy Holidays from Cypress Point

This Quarter everyone enjoyed putting on a Halloween Party for all of community care! Also, horseback riding, rejoicers, birthday celebrations, arts and crafts, Party Partners, Stress Management, Crossroads Church on Sundays and their Christmas Party.

We want to thank Mr. and Mrs. Vadnais for their generous donation this quarter. It truly is appreciated and will be used for things that Cypress needs for the home.

Also, we want to thank everyone for their con-



## Season's Greetings from Wynn House

Hoping Friends and Family Members from Wynn will have a Merry Christmas and a great New Year.

We had a great year at Wynn with all of the outings we had. In November we had a weekend outing at Disneyland and our clients and staff had a great time. We celebrated Joanne L. Birthday in November at a local

restaurant with her peers. Most of our clients went home for Thanksgiving.

Christmas week has been hectic with all of are clients going home to spend time with their



family. Next year there will be more weekend trips, we will keep everyone informed of places and locations as we schedule them.

We would like to thank everyone and especially the great staff at Wynn for the wonderful work in caring for the residents.

Merry Christmas and Happy New Year! Wynn House

## Greetings from Mandel Manor

It's been a wonderful year!

We are so thankful that all is well with everyone at Mandel Manor by the grace of God. During this last quarter we surely had lots of fun with our clients. Beside our regular weekly scheduled program, Robbie celebrated his birthday and had two birthday parties. Our clients participated in various activities on a weekly basis.

**"Happy New Year! And be Blessed!"**

Every Sunday they attended services at the First Baptist Church. They had a great time shopping at Wal-Mart, Target, Lake Elsinore Outlets, Tyler mall, and much more. We attended the

American Legion Christmas party, and the Crossroad Christmas Dinner party. The clients also participated in the Annual Love Walk, and were able to raise some money.

The residents and staff would like to thank, Mr. and Mrs. Dudley for generously donating to our home fund. Your donations are making it possible to provide better services and better furnishings. I want to personally thank each of you from the bottom of my heart for all that you have done to help the Mandel Manor to become the home it is today.

Happy New Year! And be Blessed!

Hugs and kisses from the Mandel Manor Residents and Staff

## Happy Holidays To All...From Garrison House

We thank and praise God for His goodness & mercy bestowed upon us this year. Thanks to the family & friends of those we serve. This winter month has been a very exciting time for our residents; many activities to partake in & the indulgence of finger licking foods.

The clients had a wonderful time at the

Crossroads Christmas Party. They danced to the rhythm of the beat until they got exhausted and had a good night sleep. Sleigh bells were ringing at the Ridge Christmas Party. We greatly appreciate La Canada Congregational Church for donating gifts to some of our residents. Thanks to Conner Home for the beautiful gifts; American Legion and

Regional Center for the great parties as well.

Special thanks and appreciation to all the parents for the gifts and donations.

Sincerely,  
Garrison Home



## Del Park Manor

Wishing everyone had a Merry Christmas and a Happy New Year!

We had a busy fall season full of our regular activities. Everyone was ready for the "Love Walk" in November at Crossroads. The morning was a little chilly but we warmed up with Cindy's warm ups to start us off on our walk. Our volunteers stayed by our residents helping out when needed. They were great! Thanks to the Crossroads Community, Corona High School students and many, many other volunteers and our Ridge staff for making the event a success.

Thanksgiving Dinner in Angel Hall was wonderful. Our men enjoyed their dinner. Thank you Colleen and your volunteers for serving the Annual Dinner each year! Our guys loved it!!

December was the busiest month, with so many parties. Starting with ARC's Christmas Party, on the 4<sup>th</sup>. Michael and Bill enjoyed the party with their peers. On the 9<sup>th</sup>, we attended Party Partners "Snow Day". On the 10<sup>th</sup> Crossroads Church had their semi formal Christmas Party. Our men were looking sharp!! Pictures were taken and everyone enjoyed themselves. We had our Annual Ridge gift exchange on the 11<sup>th</sup>. Saddleback Church was here on the 16<sup>th</sup> for their big Christmas Party. This is always a great event to attend.

At No Drama Ranch they put on their "duds" and took some cute pictures of our horseback riders. We also attended the American Legion Christmas Party. On the 20<sup>th</sup> some of our men attended Cole's Christmas Party. Our guys got all dressed up for this event too! We thank all the great friends we

have out in the community and for all the wonderful parties and gifts our men received. Some of our men went home with their families; others had a wonderful Christmas day here with staff. Staff prepared a special ham dinner with all the fixings. We all had a wonderful month filled with fun and excitement. Our residents are looking forward to the New Year's Eve Party Saturday evening!

Looking back we have had some hard times. However as a family we are trying to pull together and get through this difficult financial time. We are looking for ways to cut back in our home budget without causing any changes in our resident's care. We welcome any input from our parents and friends. Donations to our home fund continue to come in. Thank You!

Here are some of the items we use daily in our home, like our grooming items are: (any brand name is ok). We would appreciate any donations to our home fund for these items or if you would like to drop off any items, please feel free to do so; this would help with our home budget!

- Hair spray
- Toothpaste
- Pre-shave lotion
- Disposable razors
- Dandruff shampoo
- Body lotion

Our residents also take vitamin supplements on a daily basis. These are some of the name brands we use;

- Multi-vitamin with minerals

- Calcium 500mg plus
- Vitamin D 200mg and plus vitamin D400mg.
- Stool softener 100mg.
- Vitamin C 500mg.
- "Thick It" liquid used for special diets

We have many blessings and we are thankful for each one of them! We will continue to pray for these special blessings, our client health and their home as we enter the New Year!

Once again, thank you to our families, our friends and staff for all their support!

Happy New Year!

Love,

Del Park Manor





## C- Home

C-Home has been very busy. In October everyone was excited about Halloween, shopping, costumes, decorating, and everyone went trick or treating and had fun at the Halloween party. Some consumers had Halloween parties at their day programs and dressed up in costumes. Some consumers attended the Halloween Party at Party Partners. Richard's brother, Louis took pictures and also made a picture frame for C- Home. It looks great. C-home also attended Ridge activities; Stress Management, arts & crafts, birthday celebrations and the Christmas Party. In November C-Home went to Knott's Berry Farm. Everyone had a good time. We also attended the "Love Walk".

Our Team the "Top Cat" Team met our goal.

Thank you to all the parents and people who donated to our team! On Thanksgiving, everyone went home to their families. We had some birthdays in November; "Happy Birthday" to Terry J., and Anne Marie C.

C-home has had a few changes; we have a new consumer Kristine B she's still adjusting to her new home. Herbert H. is no longer in C-Home he has moved on. We wish you well. We will miss you. Some of our consumers went to the Crossroads Church Dinner & Dance; they took pictures and had a great time. Mike O will be flying to Kentucky to be with his family for the holidays. Everyone in C-



home will be going home for Christmas.

Thank you to David and James for decorating our tree, it looks great! Richards's brother Louis again made picture Christmas decorations, which were hung on the tree. We hope everyone has a very Merry Christmas.

Until next year,  
C-Home Clients and Staff

## Villa Vadnais...Seasons Greetings

The men & staff at Villa Vadnais have been caught up in the hustle and bustle of the 2011 Holiday Season. We started November walking with our families and friends at the 6<sup>th</sup> Annual Love Walk at Crossroads Church. It was a chilly but fun filled event. We gave Thanks for our many blessings as we enjoyed the Thanksgiving feast at Angel Hall. We went back home full and happy.

December brought many festive events. We had a visit from Santa at The Ridge's Christmas party and enjoyed good friends and good food at the American Legion Christmas party. We ended the month with a New Years Eve bash with our fellow Ridgers. All this along with all the normal activities that keep us busy, WOW!

Villa Vadnais men & staff give thanks to Mario & Susan for the entertainment center for our living room and to the other families for your on going support with donations to our home fund which allows us to make purchases that the home needs. We are hoping to purchase new flooring for the office area in 2012.

Thanks to Villa Vadnais Staff and Peppermint Ridge on Call Staff for your willingness to make the Holidays the best they can be for our men. It is much appreciated.

Along with good times, we must endure sad times. In late 2011, we said our final farewells to our long time friends Max T. and David L. We also said farewell to Seymour the Therapy Dog. We will miss you all.

Respectfully, Kim Smalley, Villa Vadnais Residents and Staff



## Conner Residence

In October, we went to the Corona Public Safety Day; we saw fire engines and police cars. Then there was Venturing Crew, Stress Management which is always a favorite for our Ridgers. We went to self advocacy meeting and went to church at United Church of Christ. We had arts and crafts in Angel Hall. We also went to UCC Youth Carnival. We went to a Halloween party; everyone enjoyed dressing up in their costumes. Then it was off to Dollar Tree for shopping.

November was fun too! We attended Stress Management, went to "Love Walk" at Crossroads, got haircuts and more shopping at Wal-Mart. We celebrated two birthdays in November; "Happy Birthday" Faith and Joe.

December was exciting as well. We participated in arts and crafts held in Angel Hall, we went horseback riding, American Legion's Christmas Party and then to Crossroads Church Christmas Concert, everyone had a wonderful time! We also had two birthday cele-

brations this month, Kateri and Sheryl, "Happy Birthday!"

We would also like to thank Al Ortiz and Michael Heap and everyone who donated Christmas presents for our clients. Thank you too to the family members who also donated delicious candy treats and baked goods this holiday season.

Happy New Year!  
Conner Residence

## Evergreen Estates

Time fly's when you're having fun!

With the New Year fast approaching and the holiday seasons behind us we're ready for 2012. Despite the economical concern that occupies our state; our residents are fortunate to still have people that are caring and giving

with supplies and monetary donations.

**"Thank you again to everyone who helps support the Evergreen family and we wish everyone peace and prosperity in the New Year"**

I would like to thank the Prutmans, Sharon Guzzy, and Gail Arita for their constant selfless giving.

The residents and staff particularly enjoy the holidays; everyone gets into the spirit here and cultivates a joyful environment that resonates throughout the home. For Halloween the residents enjoyed dressing up in their unique costumes and trick or treating at The Ridge. From arts and crafts to decorating the tree the residents were fully engaged in the holiday spirit.

who helps support the Evergreen family and we wish everyone peace and prosperity in the New Year.

Evergreen

**Staff Development**

Training topics covered in past months:

- Sexual Harassment Prevention in the workplace presented by Jay Tomes MHN Trainer

Kim Smalley,  
Staff Development Coordinator





## Dudley Home

I know that it is hard to believe, but we are already at the end of 2011. This was such an eventful year for the clients and staff at Dudley Home. We have had some good times and some sad times but we are so grateful for the blessings we have received throughout this year

Our residents have been very busy for the past few months. They continue to attend and enjoy many of the activities at The Ridge and in the community: including Stress Management, Party Parners, Fitness Night, Arts and Craft, and they had a great time at the Love Walk in November.

Everyone is really enjoying the Christmas season. The residents helped the staff to decorate the Christmas tree and make cards for each other and staff. They had a great time at the American Legion Christmas Party, the Crossroads Christmas Party, the Common Ground Birthday Celebration, and the Peppermint Ridge Holiday Party. They enjoyed the excitement of Tyler Mall and the lights on Christmas Lane, Tom's Farm and also enjoyed the sights and sounds of the streets of Pasadena; however, their favorite outing was at the Oak Glen Apple Orchard.

They really had a great time.

As I said before, we have had some good times and some sad times and our clients were all devastated by the passing of our very own David Lachowicz. As we grieve his passing we ask for your prayers not only for David's Dudley family but also for his siblings and other relatives.

The staff and residents at Dudley Home would also like to thank Ms. Emily Stillion, Mr. Richard Lachowicz and Mrs. Kathy Florendo who have so generously donated to our home and staff fund. We appreciate your continued support.

As we begin this New Year, 2012, which is untested and untried; we hope that the blessings that you receive this year would be greatly multiplied. We wish you health and prosperity and all the things you wish for yourself.

Until next time, remember; if we never faced any mountains, we would never learn how to climb. Have a Happy and Blessed 2012.

## Roger Residence

As the temperature falls and winter approaching, things are just starting to heat up here in Roger Residence. We kicked things off as we were enjoying the warm days and fall by having an awesome time at the Los Angeles County fair at Pomona. We had such a great time as we marvel at the beauty of the different flower arrangements at the flower exhibit. We had a great experience watching a kung-fu master showing his skills in martial arts.

We had a blast burning off some calories and getting some sun at Dos Lagos when we attended the one hundred miles walk; but sometimes when we just want to hang out and kick back with our housemates, window shopping definitely does the trick. Party Parners never comes short on giving us a great time as well. This is an awesome opportunity for us to mingle and socialize, not only with our fellow Ridgers but with others as well.

The 15<sup>th</sup> of October, was a very sad day not only for Roger Home, but also to the entire Ridge. We lost one of our fellow Ridger's and friend, Max.

His memorial at Angel Hall showed how much "Maxie" meant not only to his family at Roger Residence, but to the countless people whose lives were touched by his unique ability to light up a room with his smile and laughter. We, his family here at Roger Home dearly miss him.

On November 5<sup>th</sup>, we were super excited as we participated in the Love Walk. We had such a good time completing the course, as we were showing off our awesome banner which helped rally the troops. We also got the chance to have our pictures taken with Santa at the Party Parners Christmas Party; but, for most of us Christmas came in early when the parents came to the Christmas Party here in Roger Home. Everyone was in high spirits as we celebrated the holidays with our loved ones that brought us gifts as well.

And we would like to extend our thanks and appreciation to everyone who made this year a memorable one. In spite of the sad moments that dampen our spirits, we are still here keeping up the good fight.





## What's New...



*Team up for a Tequila Night  
to benefit the residents of Peppermint Ridge.*

### **TEQUILA NIGHT DINNER**

Join us for a succulent 3 course dinner in partnership with  
Luna Modern Mexican Kitchen

**Thursday, January 12, 2012 @ 6:30 p.m.**

For more information please visit  
[PeppermintRidge.kintera.org/tequiladinner](http://PeppermintRidge.kintera.org/tequiladinner)

Or contact

David Waltemeyer at (951) 288-2426 or [davew@ci.corona.ca.us](mailto:davew@ci.corona.ca.us)

or

Olivia Sanchez at (909) 732-9218 or [olivias@ci.corona.ca.us](mailto:olivias@ci.corona.ca.us)

Thank you for your support!

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### **Friends of The Ridge**

Would you like to support the Ridge with  
your special talents and abilities?

We need all kinds of people. We even have a group of Jr. High and High School students. God has given us all different abilities that we can use to benefit the Ridge. Will you join us?

For more info email Rick at [Volunteer@PeppermintRidge.org](mailto:Volunteer@PeppermintRidge.org)

# Peppermint Ridge



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Empowering adults with developmental disabilities since 1959

**We are on the web!**  
**[www.PeppermintRidge.org](http://www.PeppermintRidge.org)**

## Home Funds as of December 31, 2011

ACTIVITIES - for Ridgers	\$603
Activities - Horseback Program	\$970
Activities - Camp Fund	\$167

CONNER Home Funds	\$1,571
DEL PARK Home Funds	\$2,273
DUDLEY Home Funds	\$124
EVERGREEN Home Funds	\$760
GARRISON Home Funds	\$270
ROGER RESIDENCE Home Funds	\$1,802
VILLA VADNAIS Home Funds	\$1,481

WYNN Home Funds	\$2,955
WYNN Repair Fund	\$17,629
Wynn Recreation Fund	\$4,089.13

ASPEN Home Funds	\$112
C-HOME Home Funds	\$1,267
CYPRESS POINT Home Funds	\$2,683
MANDEL MANOR Home Funds	\$-97
VIP/LIFE Supported Living Svs Pgm	\$957

***\*\*Family & Friends upcoming meeting will be held on Saturday, February 11th, 11am - 2pm,  
Angel Hall***