



Update— A Newsletter For Those Who Care

Protecting Your Valuables

There are different kinds of valuables, and we protect them in different ways. Important papers, like stock certificates, insurance policies, birth and marriage certificates we tuck away in a safety deposit box or fire-proof safe. Some special items we put on display, like artwork or an award or trophy. But some of the most important things in our lives are things we make use of every day.

We protect our homes and cars by taking good care of them. Routine maintenance helps retain their cash value, but more importantly, keep them usable for us over the long term. We also invest time and attention in our relationships with family and friends, because these human connections are more important than anything.

Peppermint Ridge is one of those everyday valuables.

We operate night and day, every day, year in and year out. It requires time and attention to nurture our human connections, both internally and externally. Our facilities also require the same routine and periodic maintenance that any other home or collection of buildings needs.

Many families of our residents express to me that one of the things about Peppermint Ridge that is most valuable to them is simply the assurance that their loved one will have a loving, dignified place to live for the long term future. In order to protect that value, we need to do more than just keep up with the physical maintenance of our buildings. We need to provide a depth of financial security that will assist Peppermint Ridge in sailing through whatever rough seas we encounter from outside forces.

Please help protect our valu-

ables in one or more of these ways:

- Participate in or underwrite the Love Walk (www.lovewalk.org)
- Become a Peppermint Partner by making a consistent monthly gift
- Become a part of the Guardian Circle by including Peppermint Ridge in your will or trust.
- Any other support that is appropriate for you.

Peppermint Ridge can and will thrive for a long time, because we are part of a caring and faithful network of friends.

Blessings,

Audrey Turner,

Executive Director

In Memory of Reverend Kenneth Arthur Coates

Reverend Ken Coates passed away on Sunday, July 17, 2011, in the Health Service Center at Pilgrim Place in Claremont, California.

Memorial Services were held on August 6th at Claremont United Church

of Christ in which The Rejoicers Choir participated in the services.

For 15 years following his formal retirement, Ken provided Sunday services at Peppermint Ridge.

Ken loved to use humor as a

bridge to reach out to people. He is remembered with admiration and love.



*Kenneth Arthur Coates
March 21, 1921—July 17, 2011*

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STAFF DEVELOPMENT

Kim Smalley, Staff Development Coordinator

Training topics covered in recent months:

- *Be Red Cross Ready/Preparing for disaster & other emergencies presented by Jim Perry, American Red Cross Disaster Volunteer*
- *Infection Control & Blood Borne Pathogens presented by Julie Trueblood, RN*

Aspen Home

With fall upon us and summer finally over, Aspen Home continues on the move on...keeping busy.

In July, we celebrated Tim's birthday with a pizza party. Tim also attended dinner with his family. Tim, Mark and Eric went to Pilgrim Pines Camp and had a good time. The residents participated in the 4th of July Celebration and BBQ at The Ridge with their families and peers; they all had a good time.

In August, the residents went to San Diego aboard the USS Midway and were amazed on how big the ship was, they really enjoyed it! The residents also went to Old Town for lunch. The residents also enjoyed a BBQ hosted by Cypress Home and



spent the day with their peers... relaxing.

Mark, Tina and Tina P. spent the evening at the L.A County Fair. They rode rides and enjoyed themselves very much!

The residents are looking forward to Halloween and the Halloween party at The Ridge and their Halloween costumes.

The residents continue to keep

busy with horseback riding, going to the movies, Party Partners and the Birthday Celebration put on by Saddleback Church in which all kinds of goodies are provided...yummy!

Thank you to all those who donate monthly, your donations are greatly appreciated.

Until next time,

Mark, Dawn, Tina A., Tim, Eric and Tina P.

C-Home

Once again C-Home has been very busy and also trying to keep cool this summer. Some of our clients went to Pilgrim Pines Camp this summer; Mike J., Mike O., Sharon D., Missy S., Greg K. and staff member, Samantha joined them as well. They all had a great time!

Everyone enjoyed the 4th of July BBQ and fireworks. Everyone in C-Home is happy that Stress Management is back, as well as Tom Thomas. Our clients have gone to the movies, shopping, arts and crafts, Party Partners, Fitness 19 and Birthday Celebrations by Saddleback Church. Some clients also went to San Diego to the USS Midway Museum. Mike J. Celebrated his birthday with a pizza party. Anne Marie went on vacation with her parents. Everyone enjoys the

outings no matter how big or small! Everyone helped the home get ready for the Taste of The Ridge.

Michael O. and Missy S. conducted some of the tours of the home and they did a great job! They were very proud to show off their home. All the clients enjoyed the event.

Our new client, Richard is doing great. He will start a day program soon. Missy S. and Mike O. went with Tom Thomas to Palm Springs to a CAC meeting. Our staff member Jessica had her 8 lb. baby boy - congratulations! Happy Birthday also to Missy and Greg, their birthday is on the same day and they are both going home for their birth-

day. Well everyone is keeping cool and already talking about Halloween and costumes!

"Everyone enjoys the outings no matter how big or small"

C-Home got a new storage shed and thank you to Mr. & Mrs. Joy for the containers they've given us, we're putting them to great use. Thank you again to all the parents who continue to donate.

Until next time
yours truly,

C-Home



Conner Residence

July started off with a big bang celebration! All the homes made banners, had a BBQ and participated in The Ridge's parade for the 4th of July Family and Friends BBQ celebration!

We had Stress Management, went to a venturing crew swim party and horseback riding at No Drama Horse Ranch.

Then it was off for haircuts at Great Clips. We went to Wal-Mart for shopping and McDonald's for snacks. We had one birthday this month; Happy Birthday Heidi.

August went well. We went to Graziano's Restaurant for pizza. Everyone enjoyed playing all the different games there too. We also took a trip to Starbucks and Dollar Tree. Horseback riding, as well as Party Parners, continues to go well.



September activities were lots of fun also. We went to the County Fair and a walk for health at Dos Lagos. We also went to the Tall Ships Festival at Dana Point in which we saw ships and pirates. We also attended the Saddleback Church Birthday Party Celebration in Angel Hall in which clients played bingo and listened to music. We also attended church at the Congregational Church of Riverside. Everyone enjoyed the services!

Well until next time,
Conner Residence

Cypress Home

Hello Everyone from Cypress Point.

This quarter everyone has enjoyed horseback riding, Rejoicer's, Ridge activities,

Party Parners and the USS Midway Museum in San Diego.

Thanks for your continued donations They are greatly appreciated!

Cypress now has nice furniture for the living room and a new kitchen

table and chairs.

Be sure to stop by and see.

"Thanks for your continued donations..."

Thanks,
Debbie, Tim, Peter,
Jody, Bobby, Cindy and Cypress Staff

Dudley Home

The hot days of summer will soon give way to the cool days of fall and our Dudley Home Family is gladly anticipating the upcoming changes in the season. It is hard to believe that we are at the end of the third quarter.

Our residents continue to enjoy the many activities at The Ridge and in the community. They always look forward to Stress Management, Rejoicer's practice and going to church on Sundays. They enjoyed going to the movies, bowling, and the 100 Mile Club, earning their miles as they walks around the neighborhood. Their most exciting events were the trip to Angels Gate Park in San Pedro, and the summer camp out in the backyard. There was excitement all evening as they toasted marshmallows and grilled burgers. Special thanks to Lorraine and Koko who volunteered to spend the night with the residents and made sure that they had a great time.

Thank You to the families which continue to donate to our home fund every month. This month we want to say a special "Thank You" to Ms. Stillion and family. We really appreciate your continued support as we seek to provide the best care possible for our residents here at Dudley Home.

Until next time, remember; "What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

Del Park Manor

Can you believe it, Fall Season! We do welcome the cool weather these last few days. Hope everyone is doing fine. Our guys are great!

This last week licensing was at Del Park, and I am glad to report, we did very well! We received a few deficits, but over all, the surveyor stated that she could see our men are well taken care of, happy and very much loved by the staff!

No Medication errors as well. The surveyor came in at 5:30 to observe the 6am pass and breakfast. She spent one full afternoon observing active treatment and dinner and checked all the special diets that were served. The surveyor also visited two of the day programs that some of our residents attend. Medical charts were also checked and consent forms as well, verifying that everyone had one signed by their conservator's. Del Park's team did a terrific job!

Looking back at the 4th of July it was fun for everyone! Even as we melted in the sizzling temperatures! Thanks to all our family members that came out and made this an extra special day! Thanks also to Mr. Hocker for his 4th of July donation as well as for all the good food our families brought.

Michael, Kevin, Bill, Raymond and Andrew continue to enjoy horseback riding every Saturday morning. We attend "Party Partners" twice a month, having to rotate the guys each week so everyone gets a chance to go. This last week they were having a family picnic. On Monday evenings we participate in "Fitness Class" with Colleen and we visit with Tom on Wednesday nights for "Stress Management". The men are always happy to see Tom each month for movie night or craft night here at Del Park.

We are working toward our "100 mile t-shirt", going for a walk at one of the community parks twice a week. And exercising in our home with our new weights and rubber bands too! We started writing little notes to our family members. Hopefully you have received our first one. Steve's brothers and family have sent us a box of rubber stamps, buttons, and cards in support of this project. Thanks to the "Bond Family" for the wonderful idea! We appreciate any arts and craft ideas or any fun project for our residents to work on during leisure time.

Ms Santa Maria is one of our supporters' who continues to bring holiday crafts for our guys. Thank you!

August 12th was Richard's birthday,

celebrating his 51st. September is our big birthday month with Mark on the 6th, Andrew on the 14th, Frank on the 17th and Douglas on the 19th. We had one big party with chicken, mashed potatoes, corn and a salad. The cake and ice cream were delicious!! Each one received a gift and birthday balloons!! Andrew's father, Don, graciously donated to our home fund for this great party!!

Thank you, Mr. Allemann for your kindness!! The men had a second celebration at the "Saddleback Church Birthday Celebration" on Friday the 16th. We appreciate all the folks that happen to make each of our guys feel so special that night. Thank you All!!

I want to also thank all our parents for their special donations each month to our home fund. These donations have made it possible for us to do extra things in our home. The guys are looking forward to all the holiday events coming up soon.

We Love you, Stay safe and See you soon!

Del Park



6TH ANNUAL LOVE WALK 1K/5K FUN WALK

Come join us for great food, fun activities and live music!

Saturday, November 5, 2011

Sign In: 9am

Start: 10am

Location: Crossroads Church 2331 Kellogg Ave. Corona

Register on line: www.LoveWalk.org or

Contact Tracy Mauser at 951-273-7329

Evergreen Estates

Greetings everyone!

It has been a busy yet beautiful summer. Evergreen is continuously finding ways to better serve the residents we hold dearly to our hearts. Evergreen is a family and we can not function as one without the kind support of the families, friends and staff members at The Ridge who give so generously whether it be time, money etc. No gift or donation is too small and is extremely appreciated.

The residents have been busy attending their day programs and staying active with outings on the weekends. With the limiting physical condition of some of our residents, it can be challenging finding

activities appropriate and fun for their individual function level. However, with the enthusiastic and creative group we have working in Evergreen we are able to do so with great success. The home is blessed to have staff that is so generous and attentive to the clients needs.



The San Clemente beach trip was a wonderful experience for the residents. Sunday night Bowling has been very popular with the home. For the first time in years the residents went to the LA County Fair, they had a great time. We look forward to the Disability Festival at Cal State San Bernardino in October where they have a variety of different activities for the residents to participate in.

Thank you again to everyone who gives so we can better serve those we love.

Thank you,
Evergreen

Garrison House

Wow! What a hot summer it was. We did our best to stay cool.

Fourth of July parade at The Ridge was great with hamburgers, hot dogs, and sodas up to our eyeballs! Sonia P. and Kenny B. attended Pilgrim Pines camp in Yucaipa. They had a blast singing songs, hiking, making crafts, and meeting Smokey the Bear. We also went to Dos Lagos for concerts in the park. We enjoyed The Beatles cover band.

Kenny B. celebrated his birthday on July 9th. We celebrated June W.'s

birthday on August 7th. We ended August by attending the San Diego Zoo. All the different attractions including the Wild Animal Park, which kept us entertained for hours.

We had a BBQ on Labor Day and remembered those past and present who sacrificed their lives for our freedom. We are anticipating attending the Los Angeles County Fair.

Birthdays celebrated in September: Mary W. 8th, William K. 13th and John P. 27th. All of our residents

"All of our residents continue to look forward to Stress Management..."

continue to look forward to Stress Management, Venturing Crew, First Baptist Church, Party Partners, and Birthday Celebrations with Saddleback Church.

Thanks to the families who continue to donate to our home fund. We also like to thank Louise Rogers our Facility Manager for hard work and encouragement.

Garrison House

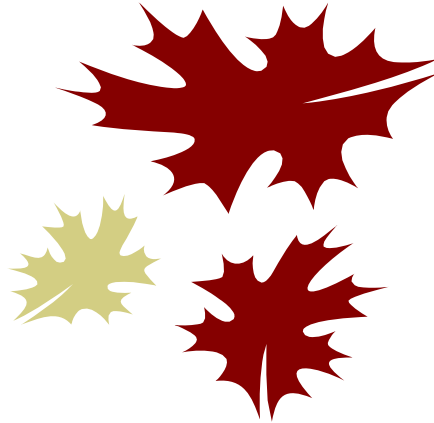
Mandel Manor

Greetings from Mandel Manor!

It is hard to believe that we are soon approaching the end of 2011. Our residents have been busy and have really been enjoying the many activities in the last few months.

Our residents continue to enjoy their regular activities in and out of the community. They enjoyed activities like going to church on Sundays; Stress Management with Tom; going to the park; and going shopping; and of course, their favorite - Party Partners.

In addition to these activities, our residents have been enjoying some special activities. During the month of August they went to the USS Midway in San Diego.



The month of July, our residents enjoyed going to the Regal Cinemas; the musical show at the Village Theatre in Orange County; and really had fun at the Dos Lagos Carnival Rides.

The residents and staff at Mandel would like to welcome the new ad-

dition to our staff: Briana Ramirez.

Last, but equally important is the great job during the recent quality assurance visit. We did extremely well and we are very proud of our staff and residents. A special thank to Mr. and Mrs. Mandel for their monthly contribution to our home fund. On behalf of all the clients and the staff at Mandel Home we want to let you know that we do appreciate your gratitude. May the Lord continue to bless you! Have a wonderful fall, until next time!

"Grace, Mercy, and Peace will be with us from God the Father, The Spirit and from Jesus Christ the Father's Son, in truth and love" 2 John 1:3.

Love,
Claire

Roger Residence

Hello to our family and friends....

There have been so many things going on this last quarter at Roger Residence from activities to health issues. In addition to the regular activities like attending Stress Management every Wednesday, Party Partners every other Friday, church every Sunday, and on July 9th Roger Residence and staff members went to San Diego to visit the USS Midway. Clients said they really had a good time and staff members said that the clients never got bored. On July 23rd our clients and staff saw a movie at the Van Buren Drive-in. The clients however, did not enjoy the experience so much. They would rather see a movie at a regular theater. On July 26th the clients went shopping at Ontario Mills.

After shopping they enjoyed dinner at Panda Express at the mall.

Moreover, Roger Residence did not let summer go by without doing any outdoor activities. As soon as the weather dropped a few degrees they went to Guasti Park in Rancho Cucamonga and had a picnic and enjoyed the water park!

Roger Residence also has had some not so good days, dealing with client health issues and staff resignations making scheduling a little difficult. We truly appreciate and thank the staff who are willing to pick-up more

"Thank you very much and may our Lord Bless You All..."

hours and/or switch their schedules to meet our client needs.

Roger Residence would not have fun going to all these activities if not for the continued support from our families and friends.... so from Roger residents and staff members.... THANK YOU VERY MUCH AND MAY OUR LORD BLESS YOU ALL!!!

Roger Residence

Wynn Home

Hello Friends and Family from Wynn Home!

We have been pretty busy these last months. We celebrated Pam B.'s birthday in September, by going out to a fine dinner at a local restaurant and having cake and ice cream back at Wynn Home. We still go bowling and have lunch every other weekend, and movies and lunch on the other weekends. Two of our clients participate in horseback riding every Saturday and are having a great time with their fellow friends from The Ridge.

We have some exciting outings planned for the upcoming months, we are going to the L.A County Fair some time in September and we are planning a weekend trip to Disneyland in the near future. We are

also planning another trip to San Diego since the last one we took went quite well. We plan to go to San Diego Zoo and a Whale Watching trip. With the Holidays fast approaching we here at Wynn will be preparing for our clients to



spend time with their loved ones, as they have done in the past years.

I would like to thank all of the family members for their support and input. We can't thank you enough. I would also like to thank the great staff we have at Wynn for their contributions and support in keeping our clients well cared for, especially during outings which isn't always easy and takes a lot of work, in order for every thing to run smoothly.

We hope that everyone has a great Holiday Season, and please continue your support for Peppermint Ridge and Wynn Home.

Villa Vadnais

Please remember to log on to www.Lovewalk.org & support Team Villa Vadnais!

2011...spring has sprung...summer blazed by...and now we are breezing our way into fall...

The men at Villa Vadnais have been keeping busy as usual. We kicked off July with the annual 4th of July celebration @ The Ridge. We enjoyed good food & good company. Thanks to all who made this possible for all to enjoy.

Since the last update, we have also enjoyed the following activities: Party Parners, Saddleback Church Birthday celebration, Lake Elsinore Storm baseball game, arts & crafts, Dos Lagos in Motion Walk (100 mile club event), a trip to The Galleria @ Tyler, we ate out @ Del Taco, went to the barber for haircuts, shopping trips, and Church on Sundays. Gary & Joshua also continue to participate in

horseback riding @ No Drama Ranch. We celebrated several birthdays this quarter as well. Gary, David & Patrick in September & Dustin &

James in early October. All within two weeks of each other & 2 men on the same date in September & October, cool huh! We ate red velvet cake, cupcakes, and cookies & had a pizza party. Boy have we had a blast.

Thanks to Mr. Duran for purchasing our home a new LCD HD television. We LOVE it! Thanks to Mr. Gibson for the donation to purchase a refrigerator, it will help greatly with food storage. And Thanks to the Wagner Family for

"2011...spring has sprung, summer blazed by and now we are breezing our way into fall..."

your donation to our home fund. We appreciate you all.

And ...Villa Vadnais also received a brand new van with

the help of the Family & Friends group. We LOVE riding around in style.

Thank you to all Villa Vadnais staff members for all you do on a daily basis to support the men. We continue to keep Eva in our thoughts & hope to see her soon.

Respectfully,
Villa Vadnais Team

Peppermint Ridge



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*Empowering adults with
developmental disabilities since 1959*

We are on the web!
www.PeppermintRidge.org

Home Funds as of September 2011

ACTIVITIES - for Ridgers	\$702
Activities - Horseback Program	\$990
Activities - Camp Fund	\$92

CONNER Home Funds	\$303
DEL PARK Home Funds	\$2,331
DUDLEY Home Funds	\$194
EVERGREEN Home Funds	\$200
GARRISON Home Funds	\$2,678
ROGER RESIDENCE Home Funds	\$2,441
VILLA VADNAIS Home Funds	\$908

WYNN Home Funds	\$1,940
WYNN Repair Fund	\$10,516
Wynn Recreation Fund	\$1,377

ASPEN Home Funds	\$90
C-HOME Home Funds	\$1,094
CYPRESS POINT Home Funds	\$582
MANDEL MANOR Home Funds	\$2,156
VIP/LIFE Supported Living Svs Pgm	\$826

****Family & Friends upcoming meeting will be held on Saturday, October 15th, 11am - 2pm,
Angel Hall**